



Landstown High School

Home of the Governor's STEM & Technology Academy
2001 Concert Drive Virginia Beach, VA 23456-8088
(757) 648-5500 Fax: (757) 468-1860

School Year 2019/2020

Dear Parent/Guardian:

Welcome to Landstown High School. I am a Registered Nurse and will be providing nursing care to your child during the school year. The school clinic is equipped to provide first-aid for school-related illnesses and injuries. In addition, I will provide treatments and medications that have been ordered, in writing, by your child's doctor, and develop a school health care plan if necessary.

Medications: Virginia Beach School Board regulation states that any student required to take prescription or over-the-counter medication in school must have an order from either a physician, nurse practitioner, dentist, or physician's assistant, and signed permission from the parent/guardian on one of the following forms: a) Request for Administration of Medication in Hampton Roads Schools, b) Asthma Action Plan, c) Diabetic Management Plan, and/or c) Life-threatening Allergy Management Plan. These forms are available from the school clinic and are posted on the www.vbschools.com school website. All student medication must be brought directly to the clinic by the parent/ guardian and must either be in the original prescription bottle with a label that matches the medication order or in an unopened sealed container, if it is an over-the-counter medication. A parent/guardian may come to the clinic during the school day to administer medication to their child.

Medications prescribed for administration in school, and stored in the school clinic, are not available to students after regular school hours. If your child could require emergency response medications such as auto-injectable epinephrine, insulin/glucagon, and/or asthma inhaler, it is important that you notify the school nurse and activity sponsor, prior to your child participating in school sponsored after-school activities/events. The VBCPS medication policy allows students to self-carry and self-administer these types of emergency medications, if the proper medication forms are completed by their health care provider. Trained school staff will have access to clinic stock EpiPens. It is important that a plan is developed by parents/guardians, school nurses, and activity/event sponsors to ensure the best possible safe environment for your child.

Health Screenings: During the school year, 9th & 10th grade students could receive skin, hair, and dental screenings. In addition, new enrolling students in all grades and 10th grade will have their vision and hearing screened. You will be notified if your child fails a screen. All parents/guardians of students in the 9th & 10th grades will receive general scoliosis information at the beginning of the school year. **If you do not want your child to participate in any of the above health screenings, you must provide a written request to the nurse within 7 days of enrollment.**

Communication: Please inform me of any health conditions that could affect your child during school and if any health accommodations will be necessary. Students will only be excused from participation in P.E. class for up to (3) days with written parental permission. If your child needs to be out of P.E. for more than (3) days, a written doctor's note is required. It is important that I have your current phone numbers, and information regarding your designated emergency back-up persons. My clinic assistant, Deborah Amburn and I are here to help your child have a healthy school year. Please contact me should you have any questions or concerns.

Sincerely,
Victoria Fisher, RN
School Nurse
Clinic Assistant Debbie Amburn, LPN
Ashley Trau, LPN
Clinic Assistants
Clinic Phone: 648-5508/5507
Cheryl C. Askew, Ed. D., Principal